



Australian Fencing Federation

High Performance Program Annual Plan 2018/19

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Introduction

The High Performance Plan Annual Program 2018/2019 is the reference point for the Australian Fencing Federation to ensure the objectives of the High Performance Plan 2012-24 are achieved. It provides information on the requirements and commitments of the Australian Fencing Team ('AFT') and Australian Fencing Squad ('AFS') and identifies key performance indicators for athletes, coaches and other key personnel. Each annual plan must fit into the overarching High Performance Plan 2012-24, and forms the critical stepping stones to achieving medals in the international fencing arena.

The "Australian Fencing Team" (AFT) & "Australian Fencing Squad" (AFS)

The "Australian Fencing Team" is Australia's national fencing team across all age groups, genders and weapons. It is selected at the beginning of the annual fencing cycle for each age category and has a demanding international training and competition requirement relevant for athletes committed to competing at this level. Athletes engaging with the HPP as AFT fencers should view all agreed commitments as the bare minimum required to achieve a competitive standard at this level.

The "Australian Fencing Squad" is the second tier to elite athlete representation in Australian fencing. It provides an opportunity for athletes across all age groups to implement the same domestic training model as members of the "Australian Fencing Team" and to receive selection parity with the Australian Fencing Team at Asian Zone Level. Athletes may participate in the AFS as a preparatory step towards the AFT or during periods when other commitments mean they are unable to maintain a full international training and competition load. AFS athletes are required to make themselves available to compete at Asian Zone Championships (or the designated alternative) and have parity of selection with AFT athletes for that event.

Members of the AFT and AFS will be selected following the World Championships for their respective age category (or as otherwise specified in the AFF Selection Policy). Selection is based on national ranking at the close of nominations, subject to the minimum performance thresholds for the relevant category. Athletes or their guardian (for athletes under 18) must have read and accepted the terms and conditions of appointment to the AFT or AFS (see Athlete Agreement)

In the event that AFT places in any category are not filled, AFS fencers will be invited to apply for a position on the AFT. Nominations may also be reopened within an annual cycle at the discretion of the AFF Directors, where all HPP places have not been filled. AFS fencers accepting AFT positions by invitation need to be able to meet all of the AFT training and competition requirements.

Athletes who nominate for the HPP should ensure they can meet all of the training and international competition commitments outlined in this document for the AFT or AFS as these commitments will only be varied in exceptional circumstances. Athletes should ensure they have the support of all relevant stakeholders (school, university or workplace etc.) in meeting these commitments before nominating for the HPP.

The Australian Fencing Team, Australian Fencing Squad & International Competition

The table below outlines the criteria for selection for the AFT and AFS, and to represent Australia at international events. The philosophy underlying these criteria and conditions is to build a team-based, high performance environment for Australian fencing. Representing Australia in international events is an honour that should be earned through performance and commitment to training. Through this program, fencers will be guided and supported in their development and will be participate in training, camps, squads, competition tours and events that are appropriate for their age, skill and capacity to assist with their development.

Selection Table

	AFT	AFS	Non HPP
Number of Athletes (per weapon and gender) *AFT and AFS numbers may be increased at the discretion of the AFF Board	Cadets: 4 Juniors: 4 U23s: 3 Open: 6	Cadets: 6 Juniors: 6 U23s: 6 Open: 6	Unlimited
Minimum Points Required	Cadets: 25 points Juniors: 35 points U23s: 30 points Open: 35 points	Cadets: 15 points Juniors: 15 points U23s: 15 points Open: 15 points	Nil
Performance Threshold	See Appendices C to F of AFF Selection Policy	Nil	N/A
Eligibility for International Events (Category A & B)	Yes (if meet eligibility requirements)	No	No (Cadet, Junior, U23, Open)
Eligibility for International Events (Category C & D)	Yes (if meet eligibility requirements)	Yes (if meet eligibility requirements)	No (Cadet, Junior, U23, Open)
Eligibility for International Events (Category E)	Yes (if meet eligibility requirements)	Yes (if meet eligibility requirements)	Yes (if meet eligibility requirements)
Priority Selection for International Events	Yes – Category A, B, C, D & E events	No – Category A, B; Yes – Category C All others – Yes, after AFT	No

Competition and Training Commitments Table

Competition & Training Commitments	AFT	AFS	Non AFT/AFS
International Competition Commitment	Category A - World Championships Category C - Asian Zone Championships	Category C - Asian Zone Championships	None
National Camp Commitment	Three four day HPP camps at the AIS - See below for additional camp requirements by age and weapon.	Three four day HPP camps at the AIS - See below for additional camp requirements by age and weapon.	None - Participation in camps by invitation only.
Training Commitment – General Conditioning	An annual strength and conditioning program in support of sport specific training.	An annual strength and conditioning program in support of sport specific training.	None
Training Commitment – Squads	80 Squad Sessions per year, averaged at two AFF or State sessions per week (minimum 2 hours per session) for 40 weeks of the year. In States where it is not possible to provide two squad sessions per week athletes will be given a HPC approved alternative. If two squad sessions are provided, attendance at both is expected.	80 Squad Sessions per year, averaged at two AFF or State sessions per week (minimum 2 hours per session) for 40 weeks of the year. In States where it is not possible to provide two squad sessions per week athletes will be given a HPC approved alternative. If two squad sessions are provided, attendance at both is expected.	None

Competition & Training Commitments	AFT	AFS	Non AFT/AFS
Training commitment –personal coach supervised training sessions	Required minimum of 80 per year averaged at 2 sessions per week for 40 weeks of year (duration of minimum 30 minutes per session). Attendance at HPP training camps, AFC competitions and approved overseas tours which conflict with scheduled personal coach supervised training sessions will be treated as complying with this requirement.	Required minimum of 80 per year averaged at 2 sessions per week for 40 weeks of year (duration of minimum 30 minutes). Attendance at HPP training camps, AFC competitions and approved overseas tours which conflict with scheduled personal coach supervised training sessions will be treated as complying with this requirement.	None
Term & Application Process	12 months, selected after World Championships for category, vacant positions reviewed and further nominations opened at discretion of AFF Board	12 months, selected after World Championships for category, vacant positions reviewed and further nominations opened at discretion of AFF Board.	N/A

Camp Dates – 2018/19

Winter Camp – 6-9 July, 2018

Spring Camp – 27-30 September, 2018

Summer Camp – 20-23 December, 2018

Additional REQUIRED Competition and Training Commitments – AFT and AFS

Cadet and Junior - Epee

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	NWC tour (s) for age category Cadet – 5 th to 22 nd January Junior – 2 nd December to 17 th December
Camp Commitment (AFT Only)	Two State-based weekend camps with the NWC. Date and location TBA

Cadet and Junior - Foil

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	NWC tour (s) for age category Cadet - 1 st to 28 th January Junior - 1 st to 21 st January
Camp Commitment (AFT Only)	Two State-based weekend camps with the NWC. Date and location TBA

Cadet and Junior – Sabre

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	NWC tour (s) for age category Cadet – 1 st to 14 th January Junior Men's – 13 th to 21 st January & 21 st to 29 th April Junior Women's – 1 st to 10 th January
Camp Commitment (AFT Only)	Two State-based weekend camps with the NWC. Date and location TBA

U23 – Epee

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	NWC tour (s) for age category Date TBA
Camp Commitment (AFT Only)	Two State-based weekend camps with the NWC. Date and location TBA

U23 - Foil

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	NWC tour (s) for age category Date TBA
Camp Commitment (AFT Only)	Two State-based weekend camps with the NWC. Date and location TBA

U23 - Sabre

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	NWC tour (s) for age category Date TBA
Camp Commitment (AFT OnlyS)	Two State-based weekend camps with the NWC. Date and location TBA

Open - Epee

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	NWC tour (s) for age category Date TBA
Camp Commitment (AFT Only)	Two State-based weekend camps with the NWC. Date and location TBA

Open - Foil

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	NWC tour (s) for age category Date TBA
Camp Commitment (AFT Only)	Two State-based weekend camps with the NWC. Date and location TBA

Open - Sabre

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	NWC tour (s) for age category Date TBA
Camp Commitment (AFT Only)	Two State-based weekend camps with the NWC. Date and location TBA

Key criteria and conditions to note:

- AFT members will be the only fencers eligible to compete in World Championships and Universiade.
- AFT and AFS members will be the only fencers eligible to compete in Asian Zone championships.
- For all other international events there is a cascading selection system that prioritises AFT members then AFS members, subject to those fencers meeting certain specified minimum requirements in the relevant age category – see the AFF Selection Policy for further details .
- AFT and AFS fencers are required to nominate for the events listed in the Schedule to their Athlete Agreement. These events relate to the age category for which the fencer has been selected. However, AFT and AFS fencers can nominate for selection for events in other age categories (subject to satisfying the eligibility requirements) and will be treated equally for selection purposes.
- HPP athletes are required to nominate and/or register for all camps and competitions in which they are required to participate in

accordance with their Athlete Agreement and this annual plan. Nomination and registration is not automatic.

- Where there are vacant AFT places in any category immediately following completion of the HPP selection process, then AFS fencers will be invited to nominate for those positions. If sufficient AFS fencers do not nominate for these positions, they will remain vacant. The AFF Board may, at its discretion, reopen nominations for vacant places in the AFT and/or the AFS during a HPP cycle. Fencers who meet the eligibility requirements at that time will be eligible to nominate for vacant positions.
- Australian fencers living, and training overseas may apply for their international results to be considered for the purpose of AFT/AFS selection (only), as provided for under the AFF Selection Policy.
- The AFF Board can approve an increase in the number of places available on the AFT and/or AFS, above that specified in Appendix G of the AFF Selection Policy.
- The High Performance Committee may use its discretion to exempt any member of the AFT or AFS from a mandatory requirement specified in their Athlete Agreement (on application by the athlete) if they believe an alternative requirement would be more suitable for that athlete and assist in achieving the best outcome for the team overall.

Fencers should note that, while the AFF seeks to provide as much information as possible to fencers when they nominate for the HPP, it remains possible that the dates and/or events in which athletes are required to participate may change due to factors outside our control. Where any such changes occur, we will endeavor to provide athletes with as much notice as possible and athletes are expected to make themselves available.

The AFF also reserves the right to alter the events (and, in particular, international tours) where it is considered appropriate to do so based on the number of fencers who are selected for the HPP (for example, to ensure that costs are reasonable for participating fencers).

Categorisation of Events

Category A	World Championships
Category B	Universiade
Category C	Asian Zone Championships
[Category D]	[Not currently used]
Category E	FIE World Cups & Grands Prix Asian Zone Country National Events (excluding Australia) FIE satellite events Commonwealth Championships European Circuit Events North American Cups & U.S. Championships European National Events Oceania Championships New Zealand National Championships SEA Pacific Championships

High Performance Plan 2012-2024 – Olympic Cycle Goals

1st Olympiad: 2012-2016

Focuses on developing, implementing and consolidating the structures and programs required to lead Australian fencing towards international success; and improving performance in the Asian Zone (see High Performance Program Annual Plans 2012-2016).

2nd Olympiad: 2016-2020

Focuses on achieving a continuous flow of new generations of fencers through established pathways across age groups, weapons and competition categories; achieving consistent high performance in the Asian Zone; and improving performance in World-level events (see High Performance Program Annual Plans 2016-2020).

3rd Olympiad: 2021-2024

Focuses on achieving a depth of competitiveness across Asian and World-level events and age groups, including Asian Championships, World championships and Olympic Games; high performance across the weapons; and evidence of a proven model of athlete development (see High Performance Program Annual Plans 2020-2024).

High Performance Plan 2012-2024 – Second Olympic Cycle Goals 2017- 2020

The Strategic Plan for the 2017- 2020 cycle is currently under review and is scheduled for publication in the annual plan in time for the 2017/18 U23 and Open HPP intake.

